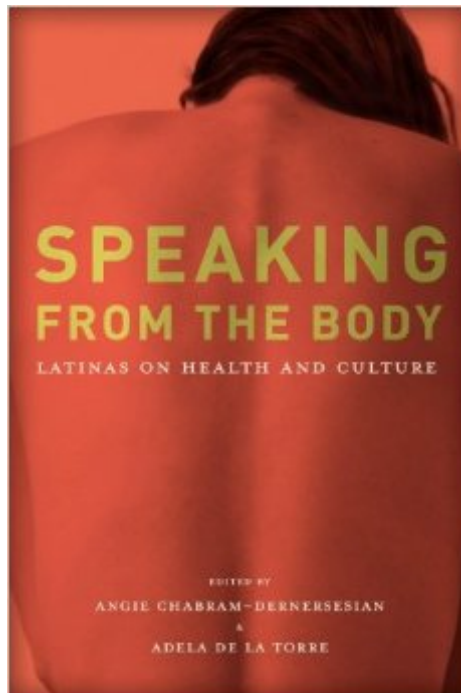


The book was found

# Speaking From The Body: Latinas On Health And Culture



## Synopsis

In compelling first-person accounts, Latinas speak freely about dealing with serious health episodes as patients, family caregivers, or friends. They show how the complex interweaving of gender, class, and race impacts the health status of Latinas and how family, spirituality, and culture affect the experience of illness. Here are stories of Latinas living with conditions common to many: hypertension, breast cancer, obesity, diabetes, depression, osteoarthritis, rheumatoid arthritis, dementia, Parkinson's, lupus, and hyper/hypothyroidism. By bringing these narratives out from the shadows of private lives, they demonstrate how such ailments form part of the larger whole of Latina lives that encompasses family, community, the medical profession, and society. They show how personal identity and community intersect to affect the interpretation of illness, compliance with treatment, and the utilization of allopathic medicine, alternative therapies, and traditional healing practices. The book also includes a retrospective analysis of the narratives and a discussion of Latina health issues and policy recommendations. These Latina cultural narratives illustrate important aspects of the social contexts and real-world family relationships crucial to understanding illness. *Speaking from the Body* is a trailblazing collection of personal testimonies that integrates professional and personal perspectives and shows that our understanding of health remains incomplete if Latina cultural narratives are not included.

## Book Information

Paperback: 264 pages

Publisher: University of Arizona Press (November 20, 2008)

Language: English

ISBN-10: 0816526648

ISBN-13: 978-0816526642

Product Dimensions: 6 x 0.8 x 9 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars See all reviews (1 customer review)

Best Sellers Rank: #641,402 in Books (See Top 100 in Books) #429 in Books > Politics & Social Sciences > Social Sciences > Specific Demographics > Hispanic American Studies #1824 in Books > Health, Fitness & Dieting > Women's Health > General

## Customer Reviews

*Speaking from the Body: Latinas on Health and Culture* is one of the best books on the subject to date. A brave and new take on a wide range of health topics related to Latinas in the US:

hypertension, breast cancer, obesity, diabetes, depression, osteoarthritis, rheumatoid arthritis, dementia, Parkinson's, lupus, and hyper/hypothyroidism. A book that physicians, patients and caregivers must read. Speaking from the Body is part illness narrative, part autobiographical, and part testimonial, and it fills a gap in health studies.

[Download to continue reading...](#)

Speaking from the Body: Latinas on Health and Culture BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies) Body Language: Body Language Training - Attract Women & Command Respect, by Mastering Your High Status Body Language (Body Language Attraction, Body Language ... Language Secrets, Nonverbal Communication) Latin D'Lite (Spanish Edition): Deliciosas recetas latinas con un toque saludable Diccionario de Aforismos y Locuciones Latinas de USO Forense (Spanish Edition) BODY LANGUAGE : Decoding Alpha Male Body Language, Instantly Attract Any Woman Without Saying a Single word. (Body Language 101, Alpha male, Attract woman, ... Seduce Women, Eye Contact, Body Language) Detox The Body: How To Detox Your Body For Fast Weight Loss (detox health, juicing, cleanse, diet, plan, foods, eating, naturally, juice, body mind soul, essentials, drinks, guide, book) The Bath and Body Book: DIY Bath Bombs, Bath Salts, Body Butter and Body Scrubs Body Language: Discover and Understand the Psychological Secrets Behind Reading and Benefitting From Body Language (Read People On Sight - Body Communication - Nonverbal Communication) Homemade Organic Skin & Body Care: Easy DIY Recipes and Natural Beauty Tips for Glowing Skin (Body Butters, Essential Oils, Natural Makeup, Masks, Lotions, Body Scrubs & More - 100% Cruelty Free) Organic Body Care Recipes Box Set: Organic Body Scrubs, Organic Lip Balms, Organic Body Butter, And Natural Skin Care Recipes We Cannot Be Silent: Speaking Truth to a Culture Redefining Sex, Marriage, and the Very Meaning of Right and Wrong Your Body, Your Voice: The Key to Natural Singing and Speaking Body Language: Master the Art of Reading Anyone Through Nonverbal Communication (Body Language 101, Body Language Mastery, Read Everyone) Colon Health and Wellness: The Ultimate Guide to Colon Health the Natural Way (Colon Health, Colon Cleanse, Colon Cancer, Colon Health Guide, Colon Diet, Colorectal cancer, Colon Cleansing) Aha Guide to the Health Care Field 2009 Edition: United States Hospitals, Health Care Systems, Networks, Alliances, Health Organizations, Agencies, ... Association Guide to the Health Care Field) Public Health Nursing - Revised Reprint: Population-Centered Health Care in the Community, 8e (Public Health Nursing: Population-Centered Health Care in the Community) Phantom Billing, Fake Prescriptions, and the High Cost of Medicine: Health Care Fraud and What to Do about It (The Culture and Politics of

Health Care Work) The 30 Day Total Health Makeover: Everything You Need to Do to Change Your Body, Your Health, and Your Life in 30 Amazing Days Health: The #1 Health Book Bundle To Sizzle The Weight Off Your Body In 7-Days Forever! (Weight Watchers, Atkins Diet, Blood Type Diets, Low Carb, Healthy)

[Dmca](#)